

# ANITA MANCHANDA

PHYSICAL THERAPIST



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Mumbai, Maharashtra, India

## About Me

Caring physiotherapy professional experienced in collecting vitals, performing clinical assessments and demonstrating proper exercise form. Motivated to help patients with chronic conditions, injuries, disabilities or post-surgical complications and live full lives by applying techniques such as manual therapy and exercise therapy to manage specific concerns. Excels in training junior personnel, managing records and conducting research. Well-organized and proactive with solid communication, planning and relationship-building skills.

## Education

Krishna College of Physiotherapy <b>Bachelor of Physiotherapy</b>	2018 - 2022 71.35%
Prakash College of Commerce & Science <b>Grade 12 (HSC Board)</b>	2017 - 2018 63.54%
SVKM's Chatrabhuj Narsee Memorial School, <b>Grade 10 (ICSE Board)</b>	2015 - 2016 95.4%

## Accomplishments

- Ranked at first position in 3rd and 4th year of Bachelor of Physiotherapy.
- Got 6 subject distinctions & 1 general distinction during my graduation.

## Certifications

- Certificate of Completion - HPE Functional Dry Needling Workshop.
- Certificate of Completion - HPE Triple Certification- IASTM, MFR, Cupping.
- Certificate of Completion - HPE Functional Kinesiology Taping.
- Certificate of Completion - HPE Manual Therapy.
- Certificate of Merit for 3rd year and 4th year of Physiotherapy.

## Language

Hindi	<div><div></div></div>
English	<div><div></div></div>
Gujarati	<div><div></div></div>
Marathi	<div><div></div></div>

## Expertise

- Physical Therapy
- Organizational Skills
- Exercise Demonstrations
- Interpersonal Skills
- Assessing Patients
- Organized & Punctual
- Leadership Abilities
- Problem Solving Skills
- People Management

## Hobbies

- Traveling
- Art and Craft
- Reading Novels
- Networking
- Binge Watching

## Projects

1. Estimation of Functional Exercise Capacity in Pulmonary Tuberculosis Survivors